

# Life is golden.

Today is a golden opportunity to donate plasma.

Plasma is a golden-colored blood component that only comes from one source: people like you. Many patients with rare, chronic, and life-threatening conditions need regular treatments of plasma-derived therapies. When you become a plasma donor, you make it possible for them to experience more of life's golden moments.

**Give a gift as precious as gold**

The proteins in your plasma provide the primary ingredient for many important biologic medicines. But each donation only contains a tiny amount of what is required to create a single treatment for a patient. That's why so many plasma donors are needed, and why they need to donate so often.



## Am I eligible to donate plasma?

Individual eligibility will be determined at your plasma collection center, but in general, donors must:

- Be at least 18 years old
- Weigh at least 110 pounds
- Pass a medical exam
- Test negative for specific viruses

## Where do I donate plasma?

Unlike regular blood donation which can take place at a local blood drive, all plasma donations for use in therapies happen at professional plasma centers. Find a center near you at [donatingplasma.org](https://donatingplasma.org).

## What will it be like to donate plasma?

It starts out similar to a blood draw or donation—your arm will be prepared with antiseptic and a needle inserted. But that needle will then be connected through tubing to an automated system like our Fresenius Kabi Aurora® or Aurora Xi® plasmapheresis devices.\*

**Click here to watch our Aurora Donor Experience video >**

## Do I have to do anything before I donate plasma?

Prepping for plasma donation is fairly simple. Drink lots of water. Avoid caffeinated and alcoholic beverages. Eat a healthy meal, avoiding fatty foods. And get a good night's sleep!

## How often can I donate plasma?

Eligible plasma donors can give as often as twice per week.

## Will I be compensated for donating plasma?

Plasma donors may also be eligible to receive compensation for their time. Check your local plasma collection centers for more details.



## Join the golden circle of donors

Plasma donation is an easy way to do something wonderful for a patient in need. Yet very few people who are eligible to donate plasma do so. That's why we need you to join the cause! Visit [donatingplasma.org](https://donatingplasma.org) to learn more and find a plasma collection center near you.

- If you're eligible, become a regular plasma donor
- Encourage family, friends, neighbors, and colleagues to donate plasma
- Promote plasma donation on social media

**lifeisgolden.us #LifeIsGolden**

\* Refer to Aurora and Aurora Xi Operator Manuals for warnings and precautions associated with the devices.